Attention Residents…

Those interested in participating in the food and beverage committee’s survey regarding Friday evening and themed buffets may pick up your survey at Veronica’s desk across from the Concierge and front desk beginning on Monday, September 21st. Please return to the lock box at the Front Desk no later than September 25th. Thank you.

Don’t Miss Guest Speaker Bruce Flohr Rail Tex, Inc. Founding CEO Monday, September 21st at 10:00 AM in the Mimosa Room. He will talk “Railroad Trivia” covering the history of railroads and more! See you there!

USAA Chorus on Monday, September 21st at 7:30 PM in the Ped Mall.
Has been cancelled. We will reschedule at a later date.

DRIVEWAY ENTRANCE AND EXIT TO THE TOP LEVEL OF THE GARAGE

Beginning Tuesday, September 22nd, the top-level entrance and exit to the garage will be closed. A contractor will be removing the sunken concrete pads and pouring new concrete. The repairs will take approximately four days, and the top-level gates will be re-opened on Saturday, September 26th. During this time, Residents and Associates must use the Third Level entrance and exit to access the garage. We apologize for the inconvenience.

- The Maintenance Department

Time Warner DTA Boxes

On Monday, September 28th, Time Warner Cable will be on property installing DTA boxes in Residents’ units so that you may continue to receive service after the digital conversion September 30th. A Resident or someone over the age of 18 must be in the unit for the installation to occur. Please note that you are on the installation list only if you have turned in the DTA box form to the Business Office. There is no set time for your floor or unit install, however an adequate amount of technicians will be here to make the installation as quick as possible. Thank you for your understanding.

October 15th
Country & Western BBQ and Dance.
All Towers Residents invited. Invitations to follow September 27th.

October Meetings

Facilities Committee
Thurs. Oct. 8th 9:30 AM
-Azalea Room-

Activities Committee
Tues. Oct. 13th 10:30 AM
-Azalea Room-

Food & Beverage Committee
Wed. Oct. 14th 10:00 AM
-Azalea Room-

Budget & Finance Committee
Wed. Oct. 21st 9:00 AM
-Azalea Room-

Hospitality Committee
Mon. Oct. 26th 10:00 AM
-Azalea Room-

Board of Directors Meeting
Tues. Oct. 27th 9:00 AM
-Mimosa Room-
2nd Thursday Atrium Art Walk

MUSIC - COCKTAILS - ART

Join fellow Residents on Thursday, October 1st from 4:00 – 5:30 PM in the Atrium for First Thursday Art Walk! The display will feature two Towers artists and several of their recent works. Enjoy cocktails, music and of course…ART! Hope to see you there!

I Am Attending: Yes / No

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Ballroom Dance Class

In October, Tom & Betty will continue lessons in the Foxtrot/Texas Two-Step. Only one lesson will be given in October. The lesson will be held on Thursday, October 1st from 2:30 to 3:30 PM in the Mimosa Room. This month, we will get into slightly more complex steps. You really need a partner in order to participate, but you can always come by yourself and enjoy the music and learn from the instruction. As always, the lessons are free and a great way to exercise…so dress accordingly. It’s also helpful, but not necessary, to wear dance shoes or any shoes with a leather sole. See you then!

Tom & Betty Arbaugh Unit #1814

I Am Attending: Yes / No

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Turn in your unused or expired medication for safe disposal Saturday, September 26th, 10:00 AM - 2:00 PM at SAMMC Medical Mall (Main pharmacy) or AAFES Main Exchange JBSA-FSH Mall Area. No Sharp Objects will be accepted.

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Let’s chat!

Board Member Chris Trevino will be by the mailboxes every 1st and 3rd Thursday of the month at 10:00 AM to hear Residents’ comments and concerns. The dates of The Listening Post for October will be Thursday, October 1st and 15th.
ST. JOHN’S 1st Friday Concert

Join friends at St. John’s Lutheran church for a delightful musical performance by Flutist Martha Fabrique on **Friday, October 2nd** followed by lunch. There is no charge to attend the concert only a suggested $5.00 donation for the lunch. Be sure to sign up with Veronica or the Front desk for a transportation reservation. The bus will depart at **11:30 AM**. Remember...to avoid a transportation charge you must cancel with a 48-hour advance notice.

I Am Signed Up: Yes / No

Retama Park Thoroughbred Races

Residents are off to the races on **Friday, October 2nd**. For those of you who have been asking, these ARE the full track races! Reservations have been made for Residents to sit in the indoor box seats where you will have a waitress available to take food and drink orders. Admission to the race is $3.00 and a seat in the box is $5.00 per person once you get to your seat. Be sure to sign up with Veronica or the Front Desk for a transportation reservation. The bus will depart at **4:45 PM**. Remember...to avoid a transportation reservation you must cancel with a 48-hour advance notice.

I Am Signed Up: Yes / No

Madame Butterfly

Following a stunning inaugural season, OPERA San Antonio presents Giacomo Puccini’s *Madama Butterfly* on **Saturday, October 3rd**, featuring Maria Kanyova as Cio-Cio San and Adam Diegel as Lt. B.F. Pinkerton. The opera is based in part on the short story "Madame Butterfly", 1898, by John Luther Long, which in turn was based partially on stories told to Long by his sister Jennie Correll and partially on the semi-autobiographical 1887 French novel *Madame Chrysanthème* by Pierre Loti. Long's version was dramatized by David Belasco as a one-act play, *Madame Butterfly: A Tragedy of Japan*, which, after premiering in New York in 1890, moved on to London, where Puccini saw it in the summer of that year. Residents will visit The Tobin Center for the Arts for this performance. Tickets start at $35.00 and can be purchased by calling the Tobin Box Office at 223-8624. Once you have purchased your ticket be sure to sign up with Veronica or the Front Desk for a transportation reservation. The bus will depart at **6:30 PM**. Remember...to avoid a transportation reservation you must cancel with a 48-hour advance notice.

I Am Signed Up: Yes / No
Inspirational Service

Sunday, October 4th at 3:00 PM, we will again gather in the Mimosa Room for an informal worship service. Communion will be offered. All Residents are welcome to attend. Hope to see you there!

I Am Attending: Yes / No

Czech virtuoso duo Felix Slováček, Jr., clarinet, and Viacheslav Grokhovski Jr., piano, will be joined by the youngest member of Houston Grand Opera Studio, Armenian soprano Mane Galoyan, in a colorful program of international delight. Residents will attend this performance at San Fernando Cathedral on Sunday, October 4th. There is no admission charge to the performance. Be sure to sign up with Veronica or the Front Desk for a transportation reservation. The bus will depart at 5:30 PM. Remember...to avoid a transportation charge you must cancel with a 48-hour advance notice

I Am Signed Up: Yes / No

Line Dance

Join The Towers Line Dance class! This class is a good way to exercise not only the body, but the mind as well! This class meets every Monday at 3:00 PM in the Mimosa Room and is led by Towers Resident, Fran Lineweaver. No experience is necessary and everyone is welcome to join the fun!

I Am Attending: Yes / No

Share Your Life Story

Your life story is an important and unique way to share your perspective of your time here on earth. Why share your story...only your words can tell your journey! Through journaling, you can create a timeline of your life’s events. By writing as much or as little as you would like, the context of your life becomes much richer and you leave, in writing, your everlasting legacy and a treasure for future generations! You might be surprised at how much you have to say and how easy it is to write. Join fellow Residents for this weekly class hosted by Jenny every Monday at 3:30 PM in the Conference Room, located next to the Resident Safety Office. The dates for October are as follows: October 5th, 12th and 19th. Whether you are new to journaling or a seasoned writer, I hope to see you there! There is no sign up required.

I Am Attending: Yes / No

TOPICS:

Oct. 5th: What did you get into trouble for the most when you were a child?
Oct. 12th: Complete this thought: “I wish I had paid more attention when…”
Oct. 19th: When was the last time you got lost?

Please note, we will not meet October 26th.

I Am Attending: Yes / No
SOLI Chamber Music Ensemble
“Texas Roadshow”

SOLI launches its 2015-16 season with Texas Roadshow, a diverse program rooted in the ensemble’s musical range and world-class virtuosity. The quartet presents the World Premiere of its newest commission by composer Carl Schimmel, Roadshow for Thora, inspired by a selection of unique toys featured in the popular PBS series, Antiques Roadshow. Also on the program are Four Score by Anthony Brandt (a 2014 SOLI commission), Clarinet Trio by Pierre Jalbert, NY Counterpoint, by Steve Reich, and Swimmy by Karim Al-Zand. Residents will attend this performance at The Tobin Monday, October 5th. Tickets are $25.00 and can be purchased by calling 223-8624. Once you have purchased your ticket, be sure to sign up with Veronica or the Front Desk for a transportation reservation. The bus will depart at 6:30 PM. Remember...to avoid a transportation charge you must cancel with a 48-hour advance notice.

I Am Signed Up: Yes / No

The Meet Your New Neighbor Coffee will be held on Tuesday, October 6th at 10:00 AM in the Ped Mall. All Residents are invited to attend! Please remember to wear your name tags. This is a great opportunity for you to meet and welcome the newcomers, as well as mingle with neighbors. See you there!

I Am Attending: Yes / No

Social Hour Is held every Tuesday and Friday evening in The Club. Everyone is invited to join the fun beginning at 5:00 PM. Come join your friends and have a marvelous time!
Bombolini is a fairly worthless drunk in the small Italian town of Santa Vittoria in the closing days of World War II. When word comes that the Fascist government has surrendered, he climbs a water tower to tear down the flag. He can't get down and someone gets the crowd to chant his name to give him confidence. The Fascist town council hears this and believes that he is the town's new leader. They surrender to him and make him the new mayor. He rises to the occasion and when he finds that the Germans plan to occupy his town and take their wine, over a million bottles, he works out a plan to hide it. Residents will watch The Secret of Santa Vittoria on **Wednesday, October 7th at 2:30 PM in the Mimosa Room** while enjoying something sweet! There is no charge, however you must sign up with Veronica or the Front Desk no later than Friday, October 2nd for a seat. Hope to see you there!

I Am Signed Up: Yes / No

The Towers Travelers President has his “wing in a sling” and cannot type so, each of the committee chairmen have reported for their group.

Daytrips:

Residents will travel by motor coach bus to Vanderpool, Texas on **Tuesday, November 17th**! The bus has comfortable plush seats, wi-fi, and a restroom on board. **The cost is $55.00 per person.** This fee includes your seat on the bus, your admission to Lost Maples, a Towers sack lunch and gratuity for the bus driver. Upon arriving to Lost Maples Residents will take in the beauty of the Fall Foliage before gathering for lunch. Residents are welcome to explore the area a bit longer before getting back on the bus for return to The Towers. **Checks should be made out to The Towers. Please bring your check to Jenny Cisneros in the Resident Service office no later than Tuesday, November 10th!** The bus will depart The Towers at **9:45 AM.** The bus is expected to return before 5:00 PM.

**Overnight Trips:** **Branson, MO - A “Christmas in Branson”** Tour is scheduled for November 9th - 16th. Filled with holiday theme music, this 8 day, 7 night tour also includes time for shopping and sightseeing. **Coushatta Casino Resort** - Overnight trips depart San Antonio on a regular basis, cost is $55.00 per person with a $23.00 casino credit. We can have a bus pick us up here at The Towers if we get 40 reservations. **LET’S FILL THE BUS!!!**

**Big Bend** - April 12th - 16th. A $100.00 deposit (payable to Ozark Land Tours) is due by October 30th. If checks are left with Jerry Ford, all will be mailed together. Credit card transactions must be through Ozark Land Tours 417-549-9958.

*Interested in any of these trips...let Jerry Ford know immediately. 512-800-5033 or Box #304.*

**Cruises and Land Tours:** Your input is important for us to know your desires and to plan cruises and tours. Join fellow Residents on **Wednesday, September 23rd at 1:30 PM in the Mimosa Room.** This meeting is open to ALL Towers Residents with an interest in taking a cruise or land tour. Come with your ideas!

The next general meeting of The Towers Travelers will be Thursday, October 8th at 1:30 PM in the Mimosa room. All Residents welcome to attend!
Towers Oktoberfest

Friday, October 9th
5 - 7 PM
Ped Mall

Food Stations with all your favorite German Fare!
Entertainment by:
Oma and The Ompas!!

More Details to follow.

Alamo Heritage Quilt Guild

The Alamo Heritage Quilt Guild is dedicated to providing an atmosphere of fellowship and education for all quilt enthusiasts. Its stated goals are to enhance the common quilt skills, share projects and techniques and contribute to the well-being of the community. Residents will attend this event at Holy Trinity Presbyterian Church on Saturday, October 10th. The day’s events are as follows: 12:00 – 2:00 PM Preview Live Auction Items, Silent Auction & Boutique; 2:00 PM Live Auction Starts. Over 40 beautifully finished quilts made by Guild Members, still new or barely used will be on display! If you are still new to quilting/sewing this will be a fun event to learn more. You will also be able to find fabrics for quilting/sewing and other related items for your stash or find a special Christmas Gift! There is no admission charge for this event. Be sure to sign up with Veronica or the Front Desk for a transportation reservation. The bus will depart at 1:00 PM and return at 4:00 PM. Remember...to avoid a transportation charge you must cancel with a 48-hour advance notice.

Quilt to be Auctioned!

I Am Signed Up: Yes / No
Swan Lake

The most famous ballet of all time makes its San Antonio debut. Swan Lake is the story of a sad prince, an evil sorcerer, and a beautiful woman turned swan. With heart-wrenching and glorious music by Tchaikovsky, performed by the San Antonio Symphony, this ballet is a feast for the senses, and a must-see whether you are an aficionado or a newcomer to ballet. Residents will attend Swan Lake at The Tobin on Saturday, October 10th. Tickets start at $32.00 and can be purchased by calling the Tobin box office at 223-8624. Once you have purchased your ticket be sure to sign up with Veronica or the Front Desk for a transportation reservation. The bus will depart at 6:30 PM. Remember...to avoid a transportation charge you must cancel with a 48-hour advance notice.

UNFORGETTABLE

The Classic Theatre of San Antonio presents, Unforgettable: A Celebration of the life and songs of Nat King Cole written and performed by José Rubén De León with pianist Aaron Ellington Prado and bassist George Prado. Residents will attend this performance on Sunday, October 11th. Tickets are $20.00 and can be purchased by calling the box office at 589-8450. Once you have purchased your ticket, be sure to sign up with Veronica or the Front Desk for a transportation reservation. The bus will depart at 2:00 PM. Remember...to avoid a transportation charge you must cancel with a 48-hour advance notice.

If I Stay...

Mia Hall thought the hardest decision she would ever face would be whether to pursue her musical dreams at Juilliard or follow a different path to be with the love of her life, Adam. But what should have been a carefree family drive changes everything in an instant, and now her own life hangs in the balance. Caught between life and death for one revealing day, Mia has only one decision left, which will not only decide her future but her ultimate fate. Residents will watch this movie on Monday, October 12th at 10:00 AM in the Mimosa room. There is no charge, however you must sign up with Veronica or the Front Desk for a seat reservation. Please note that the movie is 1 hour and 47 minutes long. Light refreshments will be served!
Make your plans now to participate in The Towers Harold Purdom Spring Golf Tournament and Dinner. This event is fun for all golfers because the scramble format guarantees a good time for golfers of all skill levels. Even if you cannot drive, your chipping and putting could help your team. The tournament fee includes 2 mulligans for each player...one for the front nine and the other for the back nine holes. All golfers will be provided a sleeve of balls. Remember that Residents’ family members, past Co-op members and Towers staff are eligible to play in this tournament.

Dinner guests do not have to play golf but may participate in the cash bar opening at 5:30 PM with dinner served at 6:15 PM in the Mimosa / Azalea Rooms. Dress is casual and the seating is open. Festivities following the dinner will include the awarding of prizes to golfers and door prize drawings in which both golfers and dinner guests are eligible. To be a participant, complete the form below and return to Bill Bergstrom, Unit #1608, no later than Wednesday, October 7th, along with your check made payable to “The Towers”. If you have questions, please feel free to contact one of the following: Leonard Thomas 946-6362, Bill Bergstrom 265-5505 or Bill Collins 265-1548.

——— Return bottom portion with your check for Golf Entry and/or Dinner Payment ————

Name(s) of Golfer (Golf PLUS Dinner): _____________________________________________________

Name(s) of Non-Golfer (Dinner ONLY): _____________________________________________________

Schedule of Fees:

Dinner $19.00 per person $____________
Tournament Fee (used for prizes) $20.00 per golfer $____________
Cart/Green Fee (non-FSH Club member) $31.00 per golfer $____________
FSH Golf Club Member Cart Fee $15.00 per offer $____________

TOTAL:_____________

Please return this portion with your check payable to “The Towers”. Place in box #1608 by Wed. Oct. 7th.
Texas Capital & Bob Bullock Museum

Residents will travel to beautiful Austin, Texas for a visit to our state’s capital and the Bob Bullock Museum on **Wednesday, October 14th**. Residents will travel by coach bus. Each bus has plush comfortable seats, on-board restroom and wi-fi. After arriving at the Capital, we will be given a specially arranged tour thanks to Towers Resident L.J. Cott which will include areas not normally open to the public. After the Capital tour, Residents will head over to The Story of Texas Café located in the Bob Bullock Museum for a group lunch before taking a tour of the museum. When you sign up for this trip you will need to choose your lunch option. **The total cost for this trip is $50.00.** This price includes your seat on the bus, lunch, tour of the museum and tip for the bus driver. Please note it is recommended that you wear comfortable shoes. There is a bit of walking involved, however there will be many places to sit and rest when needed. The deadline to sign up for this trip with Jenny in the Resident Service Office is **Monday, September 28th**. **Once you have paid for this trip, the bus portion will be non-refundable.** Please make your check payable to “The Towers” If you have any questions please call Jenny at 805-6273. The bus will depart at **7:30 AM** and return no later than **4:30 PM**. Don’t let this opportunity pass you by! **45 people are needed to make the trip cost effective.**

**I Am Signed Up: Yes / No**

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**Guest Author Series**

How very much we may learn from an outstanding writer! Our guest speaker for **Wednesday, October 14th** in **The Club at 7:00 PM** is Doctor Mo H. Saidi. A retired professor and OB/GYN physician, Dr. Saidi has written over fifty scientific papers in American medical journals, over thirty short stories and completed two novels, **Persian Marchers: A Novel** and **The Grant Writer**. He is currently working on a third novel, **My Town**, and completing collection of short stories, **Leaving the Gardens of Milk and Honey**. No sign up is needed. Be sure to stop by after dinner.

**I Am Attending: Yes / No**

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**Health Talks with David Watkins**

Join fellow Residents **Friday, October 16th at 10:00 AM Mimosa Room** for an informative talk on a health topic given by Towers Resident David Watkins. No sign up is needed. Topic to be announced. Hope to see you there!

**I Am Attending: Yes / No**